

WHAT IS ECP THERAPY?

ECP is a safe, non-invasive, non-surgical, and US FDA-approved therapy that provides clinical benefits for patients with heart disease.

It enhances blood flow through the timed inflation of pressure cuffs wrapped around the calves, thighs, and hips. ECP therapy acts like a passive form of exercise that boosts the body's blood circulation. Improved circulation helps enhance endothelial function and reduce arterial stiffness.



HOW DOES ECP WORK?

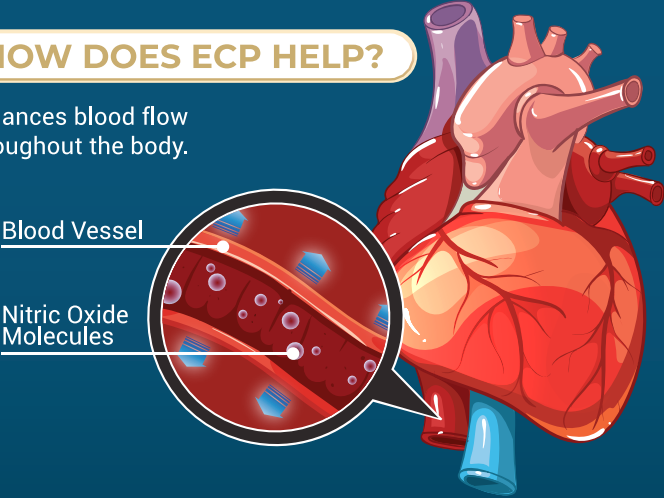
ECP works like a firm massage in which three sets of inflatable pressure cuffs are wrapped around the calves, thighs and hips. When the heart is at rest, the cuffs are inflated sequentially from the calves to the hips. This compresses the blood vessels, thus enhancing circulation of blood flow back to the heart. Prior to the next heartbeat, all cuffs deflate simultaneously.



- ✓ NON-INVASIVE
- ✓ NO RECOVERY PERIOD
- ✓ ACT AS NATURAL BYPASS
- ✓ US-FDA APPROVED
- ✓ IMPROVE QUALITY OF LIFE
- ✓ PREVENTION & TREATMENT OPTION

HOW DOES ECP HELP?

Enhances blood flow throughout the body.

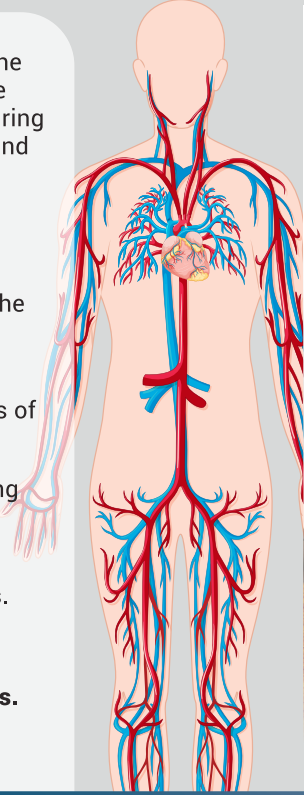


WHO SHOULD ATTEND ECP THERAPY:

- Chest Pain (Chronic Stable Angina) & Ischemic Stroke
- Hypertension & Diabetes Mellitus (Type 2)
- Kidney Disease
- Blood Circulatory Disorder
- Erectile Dysfunction
- Healthy Aging
- Sport Endurance & Recovery

BENEFITS OF ECP THERAPY

- **Enhances blood flow** throughout the body, including organs such as the brain, skin, kidneys, and liver, ensuring the delivery of oxygenated blood and nutrients.
- **Widens blood vessels** to improve blood flow (vasodilation).
- **Increases coronary blood flow** to the heart muscles.
- **Increases the volume of blood** pumped by the heart to other parts of the body.
- **Reduces heart workload** in pumping blood throughout the body.
- **Promotes blood vessel formation** (collaterals) through angiogenesis.
- **Reduces arterial stiffness.**
- **Provides anti-inflammatory effects.**



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External Counterpulsation (ECP)



Operating Hours:

Bangsar South
Monday - Sunday : 8.00am - 5.00pm

Cheras South
Monday - Sunday : 8.00am - 5.00pm

Kepong
Monday : 8.00am - 1.00pm
Tuesday : CLOSED
Wednesday - Sunday : 8.00am - 5.00pm

Petaling Jaya
Monday : CLOSED
Tuesday - Saturday : 9.00am - 6.00pm
Sunday : 9.00am - 2.00pm

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RELIVE YOUR HEART &
ENRICH YOUR HEALTH

什么是体外反搏疗法 (ECP)?

ECP是安全，非侵入性，非手术和通过美国FDA认证的治疗方法，可为心脏病患者带来临床益处。

ECP通过定时充气包裹在小腿、大腿和臀部的压力袖套，增强血液流动。ECP疗法被设计成一种被动的运动形式，驱动血液流动来改善心肌功能。良好的血液循环可改善血管内壁功能并降低动脉僵硬。



ECP 如何操作?

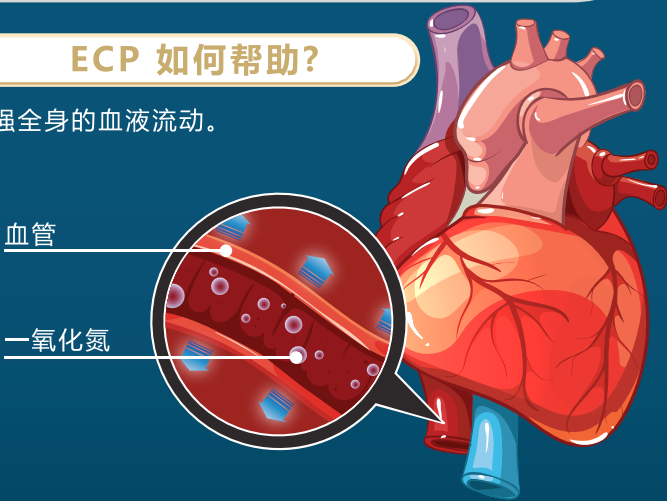
ECP的工作原理类似于一种强力按摩，通过三组充气压力袖套包裹在小腿、大腿和臀部。当心脏处于静止状态时，气囊套从小腿到臀部依次施压以促使血管进行压缩，从而增强血液循环到心脏。在心脏收缩期前，气囊套将会迅速排气。



- ✔ 非侵入性
- ✔ 无需恢复期
- ✔ 起到“自然搭桥”的作用，让阻塞的血管周围形成新的血管
- ✔ 美国食品药品监督管理局 (FDA) 认证
- ✔ 改善生活质量
- ✔ 预防及治疗方案选项

ECP 如何帮助?

增强全身的血液流动。

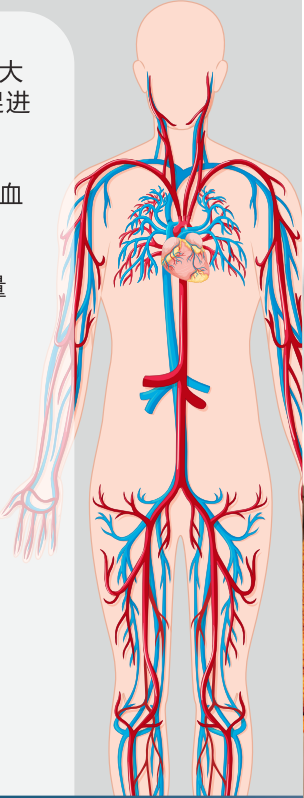


适合ECP疗法的人选：

- 胸痛（慢性稳定型心绞痛）和缺血性中风
- 高血压和糖尿病（2型）
- 肾脏疾病
- 血液循环障碍
- 勃起功能障碍
- 健康老龄化
- 运动耐力与恢复

体外反搏疗法的益处

- 增强整个身体的血液流动，包括大脑，皮肤，肾脏和肝脏等器官，促进氧气和营养物质的供应量
- 扩张冠状动脉血管，使冠状动脉血流量增加（血管扩张）
- 增加心脏的冠状动脉血液供应量
- 增加各器官的血液供应量
- 减少心脏负荷
- 促进侧支循环的形成及开放，增加心脏的血管新生，以改善心肌功能
- 降低动脉僵硬
- 抗炎作用



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体外反搏疗法 (ECP)



营业时间:

Bangsar South
星期一至日 : 早上8点 - 下午5点

Cheras South
星期一至星期日 : 早上8点 - 下午5点

Kepong
星期一 : 早上8点 - 下午1点
星期二 : 关闭
星期三至日 : 早上8点 - 下午5点

Petaling Jaya
星期一 : 关闭
星期二至六 : 早上9点 - 下午6点
星期日 : 早上9点 - 下午2点

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