



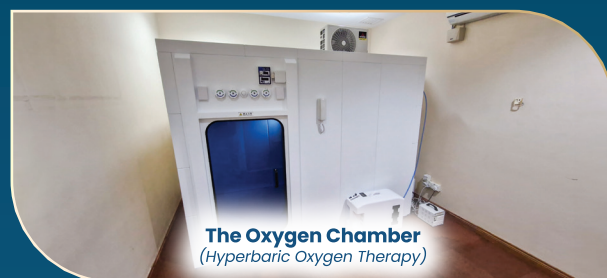
WELLNESS HYPERBARIC OXYGEN THERAPY (HBOT)

*“Enhance your body's
natural healing journey”*

-  Less worry of ear discomfort
-  Spacious & cozy chamber
-  Fire safety system is highly secured

WHAT IS WELLNESS HYPERBARIC OXYGEN THERAPY? (HBOT)

At LifeCare Wellness, we provide hyperbaric oxygen therapy for wellness, a non-invasive treatment that involves breathing 50% oxygen in a pressurized chamber.



HOW DOES WELLNESS HBOT WORKS?


HBOT has been known to improve the body's **natural healing** processes by increasing the amount of oxygen in the blood and tissues.

While inside, you can sit or lie down comfortably, take a nap or read a book, for around 60 mins.


In a Hyperbaric Oxygen Therapy chamber, the air pressure is increased to **1.3 ATA**. Under these conditions, the amount of dissolved oxygen increases, supplying oxygen to the body and activating the cells. This helps to increase the oxygen intake level beyond that of normal breathing.

While our body usually carries oxygen through blood cells, breathing pressurized air intensifies the delivery of oxygen to body fluids, saturating tissues and organs. This extra oxygen infusion speeds up **healing, recovery, and regeneration**, particularly for conditions caused by restricted blood flow, like a blood clot leading to a stroke.


HOW DOES AGING HAPPEN?

 Lung function reduces by 30 years old. At 60 years old, maximal oxygen uptake is 40% less compared to peak level in your twenties.

+

 90% of the world's population lives with toxic air (pollution)


Aging resulted from
lacking of oxygen


Signs & symptoms of
lack of oxygen:

- Fatigue
- Headache
- Dizziness
- Restlessness
- Lost of memory

“
Wellness HBOT supports the
body's ability to repair itself.
”

HOW DOES WELLNESS HBOT WORK?



CONTACT US



Bangsar South

Monday – Sunday: 8.00am – 5.00pm
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Cheras South

Monday – Sunday: 8.00am – 5.00pm
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Kepong

Monday : 8.00am – 1.00pm
Tuesday: CLOSED
Wednesday – Sunday: 8.00am – 5.00pm
011-6818 2845  wellnesskepong@lifecare.com.my 

Petaling Jaya

Monday : CLOSED
Tuesday – Saturday: 9.00am – 6.00pm
Sunday: 9.00am – 2.00pm

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[lifecarewellness.malaysia](https://www.facebook.com/lifecarewellnessmalaysia)



保健高压氧 (HBOT)

激活生命力
焕发新活力



降低耳朵
不适的风险



宽敞舒适
的舱室



高度安全的
火灾安全系统

什么是 保健高压氧? (HBOT)

在 LifeCare Wellness, 我们提供高压氧疗法促进身体健康。这是一种非侵入性的治疗, 涉及在一个加压舱内呼吸50%的纯氧气



氧气室
(高压氧治疗)

保健高压氧(HBOT) 是如何运作的?

HBOT被认为通过增加血液和细胞组织中的氧气含量, 改善了人体自然的愈合过程。

在舱内, 您可以舒适地坐下或躺下, 小憩或阅读一本书。这个过程大约会持续60分钟。

在保健高压氧舱中, 气压会增至 **1.3 ATA**。这有助于增加超出正常呼吸水平的氧气摄入量。高气压下氧融量将会增加, 为身体提供氧气并激活细胞。

尽管我们的身体通常通过血细胞携带氧气, 但呼吸加压空气加强了向体液输送氧气的过程, 饱和了组织和器官。这种额外的氧气注入加速了**愈合、恢复和再生**, 特别是对于由于血液流动受限引起的状况, 比如血栓导致中风。

衰老 是如何发生的?



肺功能在 30 岁时逐渐下降。到 60 岁时, 氧气摄入量为20岁时峰值水平的 40%



世界上 90% 的人口生活在有毒空气(污染)中



衰老是缺氧造成的



缺氧的体征和症状:

- 疲劳
- 头痛
- 头晕
- 焦躁不安
- 记忆力衰退

保健高压氧(HBOT) 促进身体的
自我修复能力

保健高压氧(HBOT)的好处

提高睡眠质量



促进新陈代谢



解除疲劳



抗衰老



增强身体活性



缓解头疼



焕发细胞组织
活力



帮助中风患者
的康复



增强免疫系统



加快伤口愈合



联系方式

Bangsar South

星期一至日: 早上8点-下午5点

016-261 2837 wellnessbangsarsouth@lifecare.com.my

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011-2140 3620 wellnesscherassouth@lifecare.com.my

Kepong

星期一: 早上8点 - 下午1点

星期二: 关闭

星期三至日: 早上8点 - 下午5点

011-6818 2845 wellnesskepong@lifecare.com.my

Petaling Jaya

星期一: 关闭

星期二至六: 早上9点 - 下午6点

星期日: 早上9点 - 下午2点

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