

Powered by Award-Winning Technology

This program is powered by **SMARC**—an intelligent, medical-grade system that personalises and guides every session for safe, effective results.

SMARC was awarded the **Gold Medal at the 124th Concours Lépine International Invention Fair** in Paris—a prestigious recognition of innovation and excellence in healthcare technology.



The team at the Concours Lépine, celebrating global recognition.

Safety & Compliance

Adheres to international safety standards

- ☑ IECCE CB Scheme National Certification
- ☑ TÜV Rheinland Certification



Your body is smart — when you guide it the right way.

Loopa is more than just a fitness and rehabilitation center. We serve those who want to maintain their health but lack the time or resources to exercise, offering a smarter solution to restore and maintain body function through proactive, **A.I-powered care**.

*"We believe prevention is better than cure,
and technology makes it possible."*

**Whether you're recovering,
maintaining, or optimising.**

**We guide your journey
— safely and efficiently.**



Loopa

011-2748 3620

loopa@lifecare.com.my

Ground Floor, Wisma LifeCare, 5, Jalan Kerinchi,
Bangsar South, 59200 Kuala Lumpur.

Operating Hours:

Monday - Friday : 8.00am - 5.00pm

Saturday : 8.00am - 1.00pm

Sunday & Public Holidays : Closed

Loopa

A.I Functional Training Program



**Malaysia's First A.I-Powered
Active Therapy &
Health Management Program**



***Easy to begin, effortless to keep up
and simple to maintain
a healthy body and lifestyle.***

What is Loopa?

Loopa is a **technology-driven health brand by LifeCare** that combines advanced A.I movement therapy, clinical-grade screening, and non-invasive recovery to restore and maintain your body function before problems begin.

Are You...



- Want to stay **youthful and energised**?
- **Having trouble getting up** from bed or chairs?
- **Struggling to pick** things up?
- **Feeling unsteady or slow** on your feet?
- **Tired, achy**, or always **feeling worn out**?
- **Worried** about falling?

A.I Functional Training Program

A program designed to help you:

- ☑ Move with confidence
- ☑ Regain strength
- ☑ Prevent falls and injuries
- ☑ Live more independently

Why Is It Unique?

We train your body based on the movements you use every day, so your exercise directly improves how you live.

Our Approach

We break down your daily activities into **eight essential movement patterns** (like **standing, walking, lifting, and reaching**). These patterns are chosen and trained using the latest clinical research and real-world data.



What It Means for You?

By focusing on these natural everyday movements, we help your joints, muscles, and coordination work together, so you stay strong, balanced, and independent in daily life.

How It Works

Step 1: Discover Your Functional Age

A 90-second A.I-guided test evaluates your mobility, strength, and coordination—**revealing how well your body moves compared to your actual age**.

Step 2: Plan Based on Your Needs

A.I generates a personalised therapy program tailored to your physical condition using the latest clinical research and data-driven insights.

Step 3: Smart, Safe and Efficient

- ☑ Electromagnetic & bidirectional resistance
- ☑ Zero inertia = smooth, joint-friendly movement
- ☑ Real-time form guidance
- ☑ Cloud-based progress tracking



Get result in just **32 minutes per session**.

Step 4: Move Well, Live Freely

- ☑ Regain independence in your daily activities
- ☑ Go where you want, do what you love
- ☑ Stay connected with your loved ones, both physically and emotionally